



## 20 Questions to Prepare Before your Laryngology Visit

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#### Here is what you are most likely to be asked:

1. When did this begin?
2. Has the voice problem been continuous or intermittent?
3. What style(s) do you sing/perform most of the time?
4. Are you having difficulty accessing your full range of pitches?
5. Are you having difficulty modulating soft and loud dynamics?
6. Does your voice fatigue more easily than normal?
7. How are you compensating for or navigating around your difficulty?
8. Do you have important performances/auditions right away?
9. Have you had this or another voice problem in the past?
10. Do you have a daily warmup regimen? Do you cool down?
11. Are you currently working with a singing teacher, acting teacher or vocal coach on a regular basis (at least once per month)?
12. Why did you decide to come in now?

#### Here is what you might also be asked:

1. Tell me about your training in 2-3 sentences.
2. Allergy symptoms and treatment
3. Reflux symptoms and treatment
4. Current medications, dosage and how compliant you are about taking them
5. Sleep, hydration and humidification habits
6. Recent or upcoming travel
7. Can you sing 1-3 phrases of something that demonstrates your vocal difficulty?  
(If you cannot think of something pretty quickly, we will probably suggest "Happy Birthday," or "Amazing Grace," so PLEASE think of something!)
8. If you are not a singer, speak some lines from a monologue or a recent part you have performed.
9. Is there anything I did not ask you that you think is important for me to know?